

LONG TIME NO SEE!

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Finally! Life has slowed down enough for me to take a weekend off and also for me to get round to doing a few updates on the blog! Lots been going on so will spread out over a few posts I think.

Stacks of big boat racing gone on, from Kolga, to Ker 40 'Hooligan', Corby 36 'Ino' amongst others. Been pretty full on, and lots learnt every time I go sailing. One good addition I've been making to my routine, which I can't believe I haven't been doing since day 1, is having a notebook with me and writing de-brief notes after every session on the water. It's really useful and allows for much more focused training time and better productivity.



In between the racing on various things I've found some time to do some work on the Mini- which is all repaired now and going back in the water next week ready for some sailing!

The inshore racing has taken a back seat now until Cowes Week, with the focus fully on Offshore until August.

Most recently I raced the Round Ireland Race as

Navigator aboard the Class '40' Arwen. This was a really interesting race as it's the first time I have done a major offshore race as navigator.

The race was massively technical with two weather systems moving across the Atlantic that really made accurate forecasting tricky, and hence effective routing was challenging too. However, it's always race like this where you learn the most! I definitely felt that I became much more proficient with the navigation software Adrena as the race progressed and the more experience I can get in the navigator seat the better. We definitely had our share of frustrating moments for sure- but as a learning experience it was hard to parallel.

Bit more to update with Round the Island and AOA, but will leave those to their own posts!

Cya,

PHS

